

# Netherhall 10K 2022

Pos.	Name	Club	Gender	Finish Time
1	James Douglas	BORDER HARRIERS & AC	Male	00:32:02
2	Daniel Cliffe		Male	00:32:20
3	Blain Rooney	BORDER HARRIERS & AC	Male	00:34:35
4	Paul Graham	NETHERHALL AC	Male	00:35:32
5	Adam Pearson	NETHERHALL AC	Male	00:37:14
6	Gary Pala	CUMBERLAND AC	Male	00:37:52
7	Ian Renouf	DERWENT AC	Male	00:37:55
8	Lee Todhunter	WIGTON ROAD RUNNERS	Male	00:38:05
9	Mark McBride	DERWENT AC	Male	00:38:15
10	Andrew Bromley	NETHERHALL AC	Male	00:38:42
11	Simon Taylor		Male	00:38:50
12	Daniel Brew	CUMBERLAND AC	Male	00:39:39
13	Lee Smith	DERWENT AC	Male	00:40:05
14	Michael Bain	NETHERHALL AC	Male	00:40:08
15	Daniel Jackson	WIGTON ROAD RUNNERS	Male	00:40:24
16	Stephen Mackie	NETHERHALL AC	Male	00:40:44
17	Lucy Stobbart	CUMBERLAND AC	Female	00:41:02
18	Lou Osborn	AMBLESIDE AC	Female	00:41:20
19	Mike James	KESWICK AC	Male	00:41:37
20	Gerard Mulgrew	CUMBERLAND AC	Male	00:41:40
21	Ian Mcdougall	CUMBERLAND AC	Male	00:42:05
22	Wayne Murray	NETHERHALL AC	Male	00:42:28
23	Philip Lowrey		Male	00:42:36
24	Lauren Crawford	NETHERHALL AC	Female	00:42:42
25	Ian Wilson		Male	00:43:24
26	Ian Wilson	CUMBERLAND AC	Male	00:43:55
27	Beverley Smith	CUMBERLAND AC	Female	00:44:08
28	Shane Brown	CUMBERLAND AC	Male	00:44:23
29	Mike Bloor		Male	00:45:04
30	Martyn Minchella	CUMBERLAND AC	Male	00:45:12
31	Hazel Davies	KESWICK AC	Female	00:45:14
32	Max Robertson	WIGTON ROAD RUNNERS	Male	00:45:24
33	Scott Keough	NETHERHALL AC	Male	00:45:37
34	Tracy Hodgson	NETHERHALL AC	Female	00:46:00
35	Bradley Moon	NETHERHALL AC	Male	00:46:13
36	John Barnes	DERWENT AC	Male	00:46:46
37	John Andrewartha	EDEN RUNNERS	Male	00:46:48
38	Michael Sandelands	CUMBERLAND AC	Male	00:47:12
39	Alan Homer	DERWENT AC	Male	00:48:01
40	John McGibbon	BORDER REIVER RUNNERS	Male	00:48:15
41	Ernie Davidson	TRI LAKELAND	Male	00:48:21
42	Callum Barclay		Male	00:48:40
43	Bryony Towers	NETHERHALL AC	Female	00:49:02
44	Mark Wood	NETHERHALL AC	Male	00:49:06

45	Helen Thwaite	NETHERHALL AC	Female	00:49:13
46	Graham Hetherington	CUMBERLAND AC	Male	00:49:43
47	Jordan Jenkinson	NETHERHALL AC	Male	00:50:08
48	Chris Blamire	NETHERHALL AC	Male	00:50:10
49	Graham Leggett	CUMBERLAND AC	Male	00:50:21
50	Gillian Baxter	CUMBERLAND AC	Female	00:50:25
51	Martin Trainor	CUMBERLAND AC	Male	00:50:29
52	Joanne Humphreys	DERWENT AC	Female	00:50:52
53	Amy JOY		Female	00:51:28
54	Stella Atherton	CUMBERLAND AC	Female	00:51:33
55	Laura Wylie	CUMBERLAND FELL RUNNERS	Female	00:51:40
56	Sarah Minchella	CUMBERLAND AC	Female	00:51:48
57	Craig Houghton		Male	00:51:52
58	Andrew Norman	NETHERHALL AC	Male	00:52:15
59	Jade Malloy	DERWENT AC	Female	00:52:35
60	Susan Henderson		Female	00:52:43
61	David Clark	CUMBERLAND AC	Male	00:52:49
62	Angela Watson	EDEN RUNNERS	Female	00:53:34
63	Piers Tupman		Male	00:53:51
64	Fiona Britton	BODYFIT CUMBRIA RUNNING CLUB	Female	00:54:40
65	Stephen Jackson	CUMBERLAND AC	Male	00:55:12
66	Sally Brown		Female	00:55:51
67	Ian Gorley		Male	00:56:00
68	Elisa Trainor	CUMBERLAND AC	Female	00:57:15
69	Leanne Harris	NETHERHALL AC	Female	00:58:00
70	Danielle Skillen	NETHERHALL AC	Female	00:58:03
71	Carreana Taylor	CUMBERLAND AC	Female	00:58:39
72	christine tupman		Female	00:59:07
73	Gill Mason	BODYFIT CUMBRIA RUNNING CLUB	Female	00:59:09
74	Leanne Jenkinson		Female	00:59:44
75	Nicola Cowan	CUMBERLAND AC	Female	01:01:20
76	Stephen Robinson		Male	01:01:28
77	Lesley Talbot	BODYFIT CUMBRIA RUNNING CLUB	Female	01:01:59
78	Lindsay Buck	CUMBERLAND FELL RUNNERS	Female	01:02:28
79	Keith Stuart	FETCHEVERYONE	Male	01:03:16
80	Janice Talbot	BODYFIT CUMBRIA RUNNING CLUB	Female	01:05:31
81	Annabelle Allen	BODYFIT CUMBRIA RUNNING CLUB	Female	01:06:28
82	Angus Black	BODYFIT CUMBRIA RUNNING CLUB	Male	01:06:29
83	Michael McCallig	NETHERHALL AC	Male	01:09:18
84	Lorna Casson	BODYFIT CUMBRIA RUNNING CLUB	Female	01:12:05
85	Ian Sievwright		Male	01:14:16